

Grilles Dames Collectifs Nationaux 2025-2026

EPREUVE	14 ans	15 ans	16 ans	17 ans	18 ans	19 ans	20 ans	21 ans	22 ans et +
50 Nage Libre	00:27,18	00:26,84	00:26,56	00:26,32	00:26,19	00:25,91	00:25,62	00:25,38	00:25,18
100 Nage Libre	00:58,64	00:58,06	00:57,53	00:57,01	00:56,53	00:56,06	00:55,64	00:55,22	00:54,80
200 Nage Libre	02:07,34	02:06,19	02:05,05	02:03,33	02:02,87	02:01,95	02:01,03	02:00,12	01:59,43
400 Nage Libre	04:29,92	04:25,80	04:22,66	04:19,51	04:17,57	04:15,64	04:14,18	04:12,73	04:10,79
800 Nage Libre	09:08,02	09:00,06	08:53,09	08:49,12	08:46,63	08:42,65	08:39,17	08:36,18	08:33,69
1500 Nage Libre	17:25,95	17:11,74	16:56,59	16:44,27	16:38,59	16:32,91	16:27,23	16:22,49	16:18,70
50 Dos	00:30,19	00:29,80	00:29,47	00:29,20	00:28,92	00:28,59	00:28,26	00:27,99	00:27,77
100 Dos	01:05,69	01:04,87	01:04,17	01:03,59	01:03,01	01:02,42	01:01,90	01:01,43	01:01,03
200 Dos	02:22,68	02:20,91	02:19,14	02:17,63	02:17,00	02:15,73	02:14,60	02:13,59	02:12,70
50 Brasse	00:33,33	00:32,91	00:32,54	00:32,24	00:31,94	00:31,58	00:31,21	00:30,91	00:30,67
100 Brasse	01:13,42	01:12,11	01:11,13	01:10,28	01:09,95	01:09,30	01:08,71	01:08,18	01:07,73
200 Brasse	02:40,30	02:38,18	02:35,36	02:33,24	02:32,53	02:30,42	02:29,14	02:28,01	02:27,03
50 Papillon	00:28,13	00:27,77	00:27,47	00:27,21	00:26,95	00:26,65	00:26,34	00:26,09	00:25,88
100 Papillon	01:03,64	01:02,80	01:02,23	01:01,67	01:00,83	01:00,05	00:59,21	00:58,76	00:58,37
200 Papillon	02:22,42	02:19,88	02:17,99	02:15,58	02:14,82	02:13,81	02:12,79	02:11,91	02:11,02
200 4 Nages	02:26,15	02:23,83	02:21,76	02:19,18	02:18,02	02:17,25	02:16,47	02:15,70	02:14,67
400 4 Nages	05:10,11	05:04,61	04:58,30	04:53,63	04:52,53	04:50,89	04:48,96	04:46,49	04:44,43

Grilles Messieurs Collectifs Nationaux 2025-2026

EPREUVE	15 ans	16 ans	17 ans	18 ans	19 ans	20 ans	21 ans	22 ans	23 ans et +
50 Nage Libre	00:24,31	00:24,03	00:23,79	00:23,42	00:23,25	00:23,08	00:22,91	00:22,73	00:22,58
100 Nage Libre	00:53,14	00:52,19	00:51,33	00:50,95	00:50,76	00:50,39	00:50,10	00:49,63	00:49,25
200 Nage Libre	01:55,87	01:53,99	01:52,52	01:51,68	01:51,26	01:50,63	01:50,01	01:49,48	01:48,75
400 Nage Libre	04:05,24	04:01,44	03:58,53	03:56,29	03:55,17	03:54,27	03:53,38	03:52,48	03:51,36
800 Nage Libre	08:27,50	08:21,93	08:17,29	08:12,66	08:12,66	08:08,95	08:05,70	08:02,92	08:00,60
1500 Nage Libre	16:14,02	16:03,38	15:54,51	15:47,42	15:37,66	15:33,22	15:27,90	15:23,47	15:19,03
50 Dos	00:27,67	00:27,18	00:26,81	00:26,44	00:26,22	00:26,12	00:25,92	00:25,75	00:25,58
100 Dos	00:59,35	00:58,30	00:57,51	00:56,72	00:56,31	00:55,99	00:55,62	00:55,31	00:54,89
200 Dos	02:09,26	02:07,64	02:06,03	02:04,42	02:03,73	02:02,92	02:02,12	02:01,31	02:00,39
50 Brasse	00:30,03	00:29,50	00:29,10	00:28,70	00:28,35	00:28,14	00:27,95	00:28,14	00:27,76
100 Brasse	01:05,52	01:04,47	01:04,00	01:03,54	01:02,84	01:02,37	01:01,78	01:01,32	01:00,85
200 Brasse	02:23,85	02:21,95	02:20,67	02:18,76	02:17,62	02:16,35	02:15,07	02:14,06	02:13,04
50 Papillon	00:25,86	00:25,40	00:25,05	00:24,71	00:24,52	00:24,34	00:24,16	00:23,97	00:23,79
100 Papillon	00:57,19	00:56,18	00:55,42	00:54,91	00:54,46	00:54,05	00:53,55	00:53,14	00:52,74
200 Papillon	02:10,84	02:07,98	02:05,69	02:03,63	02:02,72	02:01,92	02:01,11	02:00,31	01:59,28
200 4 Nages	02:10,16	02:08,07	02:06,32	02:04,92	02:04,12	02:03,30	02:02,49	02:01,68	02:00,86
400 4 Nages	04:36,82	04:33,32	04:30,33	04:27,83	04:26,83	04:24,34	04:22,09	04:20,10	04:18,35